

# Reversible regulation of thermal conductivity through spin-crossover transitions

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## Abstract

The development of strategies to modulate the thermal conductivity of a solid in response to an external stimulus is critical to the creation of high-performance thermal regulators, thermal switches, and thermal diodes—devices which would be enabling for a wide range of emerging technologies. Here, we report a new mechanism for achieving switchable solid-state thermal conductivity through a first-order spin-crossover phase transition. Specifically, we show that the molecular spin-crossover complex  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  [ $\text{HB}(\text{tz})_3^-$  = hydrotris(1,2,4-triazol-1-yl)borate] exhibits a large drop in thermal conductivity—more than four-fold—across its electronic spin transition. This thermal conductivity change is highly reversible and can be attributed to lower group velocities of heat-carrying phonons and increased phonon scattering in the high-spin phase of the compound as a result of weaker metal–ligand bonds. Owing to the large structural and chemical diversity of spin-crossover materials and the rich variety of stimuli that can induce electronic spin transitions, these results establish a powerful approach to manipulating thermal transport within solid materials.

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## 31 Main

32 Phase transitions often lead to large changes in the internal properties of a material in response to  
33 a small change in the external environment. A high contrast in the properties that can be reversibly  
34 accessed when switching between two phases is an enabling feature of phase-change materials for  
35 many applications. Though changes to free energy, density, and electronic, magnetic, optical, and  
36 mechanical properties have been well studied across a diverse range of solid-state phase transitions,  
37 much remains to be understood about how phase transitions impact thermal conductivity<sup>1</sup>. This  
38 represents an important knowledge gap since the ability to modulate thermal transport within a  
39 solid material is critical to realizing next-generation thermal devices—such as thermal switches<sup>2,3</sup>,  
40 thermal diodes<sup>4</sup>, and thermal regulators<sup>5</sup>—that would provide new opportunities for more efficient  
41 and higher performance heat management<sup>6</sup>, solid-state cooling<sup>7</sup>, and thermal energy storage<sup>8,9</sup>  
42 technologies.

43 Several types of phase transitions—including martensitic transitions<sup>10</sup>, amorphous-crystalline  
44 transitions<sup>11</sup>, rotational transitions<sup>12,13</sup>, conformational transitions<sup>14</sup>, and metal-insulator  
45 transitions<sup>15,16</sup>—have been shown to be accompanied by changes in thermal conductivity, but the  
46 library of materials for which thermal conductivity changes have been measured across a phase  
47 transition is modest in scope and lacking in structural and chemical diversity. Moreover, challenges  
48 associated with low switching ratios, poor reversibility, large hysteresis, slow response times,  
49 inconsistent experimental data, and large volume changes that can lead to functional fatigue have  
50 made it difficult to implement phase-change materials in functional thermal devices<sup>17–19</sup>. This is  
51 particularly true for thermally induced phase transitions, which are important for passive thermal  
52 regulation<sup>20</sup>.

53 In pursuit of a phase-change mechanism capable of inducing large thermal conductivity changes  
54 without large changes to the internal structure and composition of a material—in order to promote  
55 reversibility and fast kinetics—we were drawn to electronic spin-crossover transitions. Spin-  
56 crossover (SCO) transitions occur when the ground-state electronic configuration of a molecule or  
57 material—most commonly composed of Fe(II) centers bound to N-donor organic ligands—  
58 switches between a low-spin (LS) and high-spin (HS) state. This switching arises when the free  
59 energy difference between the two states is small because of a balance between the energy  
60 difference between valence d orbitals—as dictated by the ligand field—and the energy required to  
61 pair two electrons in the same orbital. In such a case, enthalpic effects drive the system to a LS  
62 configuration at low temperatures, and entropic effects drive a transition to a HS configuration at  
63 higher temperatures.

64 The entropic driving force for a SCO transition arises both from an increase in electronic entropy  
65 due to the presence of more unpaired electrons in the HS state [ $13.4 \text{ J mol}^{-1} \text{ K}^{-1}$  for  $d^6 \text{ Fe(II)}$ ] and  
66 from an increase in phonon (vibrational) entropy as electrons populate metal–ligand molecular  
67 orbitals that have greater anti-bonding character. The latter effect is also responsible for the  
68 weakening of metal–ligand bonds that accompanies most SCO transitions. We hypothesized that

69 this bond weakening could have a large effect on thermal transport within a SCO material by  
70 softening the crystal lattice and altering the phonon density of states. Indeed, the spin state of Fe  
71 centers has been shown to impact the thermal conductivity of the Earth's lower mantle<sup>21</sup> and certain  
72 molecular Fe(III) complexes<sup>22</sup>. To the best of our knowledge, however, there have not been any  
73 reports of thermal conductivity changes across a discrete first-order SCO phase transition in a  
74 material.

75 In order to begin investigating the impact of a first-order SCO transition on thermal conductivity,  
76 we sought a SCO material with 1) a sharp transition between a single low-spin and single high-  
77 spin state, 2) minimal thermal hysteresis, 3) no spectator charge-balancing ions, and 4) a compact  
78 ligand scaffold. Though there are many compounds that could satisfy these criteria, we selected  
79 the Fe(II)-based molecular coordination complex  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  [ $\text{HB}(\text{tz})_3^-$  = hydrotris(1,2,4-triazol-  
80 1-yl)borate] as a particularly well-suited initial candidate for switchable thermal conductivity  
81 across a SCO transition<sup>23</sup>. This neutral, mononuclear complex consists of an Fe(II) center bound  
82 to two tridentate, anionic organic ligands in a trigonal antiprismatic coordination geometry ( $D_{3d}$   
83 symmetry). In the solid state,  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  crystallizes into an orthorhombic lattice<sup>24</sup> held together  
84 through a combination of weak hydrogen bonding and van der Waals interactions between  
85 complexes (Fig. 1a). As has been previously reported<sup>25</sup>, the compound undergoes a highly  
86 cooperative SCO transition at 332 K between a singlet ( $S = 0$ ) state at low temperatures and a  
87 quintet ( $S = 2$ ) state at high temperatures (Figs. 1b, 1c, and 1e). This transition is accompanied by  
88 an overall volume expansion of 3.6% that arises from an average increase in Fe–N bond lengths  
89 of 0.16 Å (8%), but the SCO transition does not lead to any changes to the lattice structure of the  
90 material or the relative orientation of individual complexes. Notably, this SCO transition is highly  
91 reversible with a thermal hysteresis of less than 1 K and negligible changes to the phase-change  
92 properties even after ten million thermal cycles<sup>26</sup>.

93 To assess the impact of the SCO transition on thermal transport, we used frequency-domain  
94 thermoreflectance (FDTR) to measure the thermal conductivity of individual single crystals of  
95  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  as a function of temperature. Specifically, a continuous-wave (CW) pump laser ( $\lambda =$   
96 458 nm) was modulated at a certain frequency and used to heat the sample periodically (Fig. 1f)<sup>27,28</sup>.  
97 A thin-film (93 nm) gold transducer layer was deposited on  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  crystals in order to  
98 convert the energy of the photons from the pump laser into heat. The temperature oscillations at  
99 the surface of the metal transducer were then measured through the thermoreflectance of a probe  
100 laser beam ( $\lambda = 532$  nm). The temperature modulations at the surface have a phase lag with respect  
101 to the phase of the pump heating power that is related to the thermal conductivity of the underlying  
102 sample, along with the sample heat capacity and the thermal boundary conductance between the  
103 transducer and sample. Compared to traditional techniques for measuring the thermal conductivity  
104 of macroscopic samples, FDTR offers the advantage of providing a direct probe of the intrinsic  
105 thermal conductivity within a material, without complications from interparticle heat transfer  
106 inherent in the pellet sample geometry<sup>29</sup>.

107 It is immediately clear from the raw FDTR data that the phase lag for Fe[HB(tz)<sub>3</sub>]<sub>2</sub> abruptly  
 108 increases after the SCO transition from the LS to HS phase over a modulation frequency range of  
 109 0.8 MHz to 30 MHz (Fig. 1g), which suggests a sudden drop in thermal conductivity. By fitting  
 110 the FDTR data with a Fourier heat conduction model and independently measuring the temperature  
 111 dependence of the heat capacity of Fe[HB(tz)<sub>3</sub>]<sub>2</sub> (Fig. 1d) (see Supplementary Information for  
 112 details), the thermal conductivity of Fe[HB(tz)<sub>3</sub>]<sub>2</sub> was extracted and found to exhibit a large drop  
 113 across the SCO transition, from 0.70 W m<sup>-1</sup> K<sup>-1</sup> (323 K) in the LS phase to 0.16 W m<sup>-1</sup> K<sup>-1</sup> (340 K)  
 114 in the HS phase (Fig. 1h). To further validate these results, we performed FDTR measurements on  
 115 several different Fe[HB(tz)<sub>3</sub>]<sub>2</sub> single crystals and a Fe[HB(tz)<sub>3</sub>]<sub>2</sub> crystal coated with a Au<sub>0.93</sub>Ti<sub>0.07</sub>  
 116 alloy transducer layer instead of a pure Au layer, observing similar thermal conductivity changes  
 117 in all cases (Fig. S6). To evaluate the reversibility of this thermal conductivity switching, we heated  
 118 and cooled an individual Fe[HB(tz)<sub>3</sub>]<sub>2</sub> single crystal through the SCO transition 30 times (Fig. 2a).  
 119 The phase lags and thermal conductivities of the LS and HS phases were very consistent during  
 120 each cycle, as was the thermal conductivity switching behavior.

121 The change in thermal conductivity that Fe[HB(tz)<sub>3</sub>]<sub>2</sub> experiences as a result of the SCO transition  
 122 is remarkable, particularly considering that it occurs over such a narrow temperature range (< 20 K)  
 123 and involves such a small structural change (< 0.2 Å increase in Fe–N bond lengths). Indeed, the  
 124 thermal conductivity switching ratio for Fe[HB(tz)<sub>3</sub>]<sub>2</sub> exceeds those reported for other thermal  
 125 phase-change materials (Fig. 2b), including ones that undergo solid-liquid melting transitions  
 126 (Ge<sub>2</sub>Sb<sub>2</sub>Te<sub>5</sub>, Hg, H<sub>2</sub>O, CaCl<sub>2</sub>·6H<sub>2</sub>O, Ba(OH)<sub>2</sub>·8H<sub>2</sub>O, MgCl<sub>2</sub>·6H<sub>2</sub>O and paraffin wax)<sup>30–32</sup>,  
 127 structural transitions (Ni–Mn–In<sup>10</sup>, C<sub>60</sub><sup>12</sup>, and [Co<sub>6</sub>Se<sub>8</sub>][C<sub>60</sub>]<sub>2</sub><sup>13</sup>), and metal-insulator transitions (a  
 128 VO<sub>2</sub> thin film<sup>15</sup> and nanowire<sup>16</sup>). While crystalline polyethylene nanofibers can exhibit a high  
 129 switching ratio, they are excluded from our comparison due to the proximity of the structural phase  
 130 transition to the melting temperature, which compromises the reversibility and operating range of  
 131 the materials.

132 We sought to gain additional insight into the microscopic origins of the large thermal conductivity  
 133 contrast in Fe[HB(tz)<sub>3</sub>]<sub>2</sub> through a combination of inelastic neutron scattering experiments, Raman  
 134 scattering experiments, and quantum mechanical simulations. With a low electrical conductivity  
 135 (<10<sup>-6</sup> S/m)<sup>34</sup>, heat within Fe[HB(tz)<sub>3</sub>]<sub>2</sub> will be primarily conducted through lattice vibrations  
 136 (phonons)—the properties of which will be impacted by the SCO transition and can be directly  
 137 probed by inelastic neutron scattering<sup>35</sup>. Specifically, the generalized phonon density of states is  
 138 given by GDOS( $\omega$ ) =  $\int g(Q, \omega) dQ$ , where  $g(Q, \omega)$  is the normalized inelastic neutron scattering  
 139 function, given by  $g(Q, \omega) = \frac{\omega}{(n(\omega, T) + 1)Q^2} S(Q, \omega)$ . Here,  $n(\omega, T)$  is the Bose-Einstein distribution  
 140 function, and  $S(Q, \omega)$  is the dynamic neutron scattering function of the sample at the momentum  
 141 transfer  $\hbar Q$  and phonon frequency  $\omega$ , which is normalized to ensure  $\int \text{GDOS}(\omega) = 3N/V$ , where  
 142  $N$  is the number of atoms in the unit cell and  $V$  is the volume of the unit cell. As depicted in Figs.  
 143 3a and 3b, we observe clear changes to the normalized inelastic neutron scattering function during  
 144 the SCO transition. Notably, two shallow gaps between the phonon bands centered at 2.7 THz, 4.3

145 THz, and 5.9 THz disappear in the HS phase as these bands all shifts to lower energies. The  
 146 disappearance of these shallow gaps should allow for more three-phonon scattering processes to  
 147 occur by making it easier to satisfy energy conservation, which would contribute to decreasing  
 148 thermal conductivity. By evaluating the three-phonon scattering phase space (Eq. S25), we  
 149 estimate a decrease in phonon lifetime by a factor of at least 1.5 across the SCO transition for  
 150 phonons below 4 THz (Fig. 3g).

151 The GDOS for Fe[HB(tz)<sub>3</sub>]<sub>2</sub> shows that phonon bands below 12 THz experience a substantial  
 152 softening (decrease in frequency) during the transition from the LS to HS phase (Fig. 3c). For  
 153 example, the optical phonon peak at 5.9 THz shifts to 4.8 THz, and the optical phonon peak at 4.3  
 154 THz shifts to 3.0 THz. On average, the frequencies of optical phonon peaks between 4 THz and 8  
 155 THz decrease by a factor of  $\left(\frac{\omega_{\text{LS}}}{\omega_{\text{HS}}}\right)^2 = 1.6$  during the SCO transition (Fig. 3d), which directly leads  
 156 to a reduction in the off-diagonal element of the group velocity matrix,  $v_{ij}$ , that is responsible for  
 157 heat transfer via wave-like phonon tunneling<sup>36,37</sup> by a factor of  $\left(\frac{v_{\text{LS},ij}}{v_{\text{HS},ij}}\right)^2 \approx \left(\frac{\omega_{\text{LS}}}{\omega_{\text{HS}}}\right)^2$  (Fig. S7). In  
 158 addition, the GDOS shows minimal variation with temperature within each spin state, highlighting  
 159 that the changes in phonon properties can be attributed to the SCO transition rather than to a  
 160 temperature effect. The prominent peak in the vibrational spectra measured by Stokes Raman  
 161 scattering aligns well with that in the GDOS obtained from inelastic neutron scattering (Fig. 3f).  
 162 Importantly, the suppression of the high-frequency modes and promotion of the low-frequency  
 163 modes provide additional support for optical phonon softening across the SCO transition.

164 The group velocity,  $v$ , of the acoustic phonons, which can be extracted by fitting the low-energy  
 165 GDOS according to the scaling relation  $\text{GDOS}(\omega) \approx \frac{3\omega^2}{2\pi^2 v^3}$ , decreases substantially from the LS  
 166 phase at 300 K to the HS phase at 350 K with  $\left(\frac{v_{\text{LS}}}{v_{\text{HS}}}\right)^2 = 1.5$  (Fig. 3e). This decreased phonon  
 167 velocity will suppress the thermal conductivity due to particle-like phonon transport by the same  
 168 factor. The reduction in group velocity is also in good agreement with that observed in the Fe  
 169 partial vibrational density of states determined by resonant nuclear inelastic scattering<sup>38</sup>. Moreover,  
 170 nanoindentation measurements suggest a group velocity decrease from 2432 m/s at 318 K to 1755  
 171 m/s at 343 K with  $\left(\frac{v_{\text{LS}}}{v_{\text{HS}}}\right)^2 = 1.9$  (Fig. S22). Though both inelastic neutron scattering and  
 172 nanoindentation experiments show that the SCO transition has the same effect on group velocity,  
 173 differences in the magnitude of the decrease determined by each technique may be the result of  
 174 the anisotropic nature of the SCO transition in Fe[HB(tz)<sub>3</sub>]<sub>2</sub>, for which the structural expansion  
 175 occurs preferentially along the crystallographic  $c$  axis. Regardless, the observed redshifts of  
 176 phonon frequencies and reduction in acoustic phonon velocities directly contribute to the reduction  
 177 in thermal conductivity of Fe[HB(tz)<sub>3</sub>]<sub>2</sub> after the SCO transition.

178 To better understand the origins of phonon softening at a molecular level, we studied the lattice  
 179 dynamics in Fe[HB(tz)<sub>3</sub>]<sub>2</sub> using quantum mechanical simulations. Since it is challenging to directly

180 compute the interatomic force constants at the density-functional-theory (DFT) level—as there are  
 181 188 atoms in the primitive unit cell—we used the density functional tight-binding (DFTB) method.  
 182 The relaxed atomic structures of both the LS and HS phases calculated using DFTB are in good  
 183 agreement with the experimental single crystal structures (Fig. S24). As Fe–N bond lengths  
 184 increase during the SCO transition, the force constants  $\Psi_{ij}^{\alpha=\beta}$  for Fe atom  $i$  and N atom  $j$  moving  
 185 along the same Cartesian axis decrease by a factor of 2 to 4 (Fig. 4a). These weaker bonds favor  
 186 softer phonons, as the magnitudes of the force constants,  $|\Psi_{ij}^{\alpha\beta}|$ , scale with the phonon frequency  
 187 squared,  $\omega^2$ . Hydrogen bonding interactions between molecular complexes also show a modest  
 188 decrease in their absolute force constants as the average hydrogen bond length slightly elongates  
 189 (by <1%) during the SCO transition (Fig. 4b). Since intramolecular and intermolecular bonding  
 190 collectively determine the lattice dynamics, the square of the ratio between phonon frequencies at  
 191 the  $\Gamma$  point (the center of the 1<sup>st</sup> Brillouin zone) in the LS and HS phases  $[(\omega_{\text{LS}}/\omega_{\text{HS}})^2]$  decreases  
 192 as the phonon frequency of the LS phase ( $\omega_{\text{LS}}$ ) increases (Fig. 4c), and the highest value is above  
 193 1.9. This is consistent with the phonon softening observed by inelastic neutron scattering,  
 194 nanoindentation and Raman scattering. Moreover, the phonon polarization vectors experience  
 195 subtle changes from the LS to HS phase (Fig. 4e), as reflected in the increased amplitudes of  
 196 hydrogen-bond librations—angular bond oscillations that are intrinsically softer than bond-  
 197 stretching vibrations (Fig. S27).

198 To evaluate the relative contributions of intramolecular and intermolecular interactions to lattice  
 199 vibrations, we defined a mode-resolved metric,  $\eta_{\lambda} = \frac{\mathbf{u}_{\lambda}^{\dagger} \mathbf{D}_{\text{inter}} \mathbf{u}_{\lambda}}{\mathbf{u}_{\lambda}^{\dagger} (\mathbf{D}_{\text{inter}} + \mathbf{D}_{\text{intra}}) \mathbf{u}_{\lambda}}$ , as the ratio between the  
 200 vibrational energy associated with intermolecular interactions and the total vibrational energy in  
 201 the unit cell. Here,  $\mathbf{D}_{\text{inter}}$  and  $\mathbf{D}_{\text{intra}}$  are dynamical matrices constructed at the  $\Gamma$  point using the  
 202 calculated intermolecular and intramolecular force constants, respectively, and  $\mathbf{u}_{\lambda}$  is the  
 203 eigenvector of phonon mode  $\lambda$  (see Supplementary Information for more detail). In both spin states,  
 204 phonons possess less intermolecular character with increasing frequency (Fig. 4d). This suggests  
 205 that more intramolecular bonds are involved in higher frequency phonons, increasing the relative  
 206 importance of  $\mathbf{D}_{\text{intra}}$  compared to  $\mathbf{D}_{\text{inter}}$ . At lower frequencies, optical phonon modes with  $\eta_{\lambda} >$   
 207 80% are present in HS state but not the LS states, which is another manifestation of phonon  
 208 softening because of weakened intramolecular interactions ( $\mathbf{D}_{\text{intra}}$ ). Overall, our calculations  
 209 reveal that changes in bond strengths and in specific vibrational features—particularly the  
 210 contribution of librational modes—rather than structural and symmetry variations, are responsible  
 211 for the softening of the entire lattice.

212 The foregoing results demonstrate that electronic spin-state transitions in coordination complexes  
 213 can lead to large, reversible changes in the thermal conductivity of a solid material over a narrow  
 214 temperature range. Unlike most approaches to thermal conductivity switching that rely primarily  
 215 on tuning the phonon scattering lifetime (anharmonicity) through large structural changes, the SCO  
 216 transition directly modulates the phonon group velocity through small changes to metal–ligand

217 bond lengths. The small volume change that accompanies these changes should simplify the  
218 fabrication of thermal devices. Moreover, there are myriad possibilities for manipulating SCO  
219 materials through ligand design, including the ability to synthesize compounds that are connected  
220 by 1-, 2-, or 3-D networks of coordination bonds. In addition to temperature, SCO transitions can  
221 also be induced by hydrostatic pressure<sup>39</sup> and, in some cases, light<sup>40</sup>, a voltage bias<sup>41</sup>, an applied  
222 magnetic field<sup>42</sup>, or uptake of guest molecules<sup>43</sup>. This tunability and sensitivity to a range of  
223 external stimuli provides a vast design space for leveraging SCO transitions to manipulate thermal  
224 transport.

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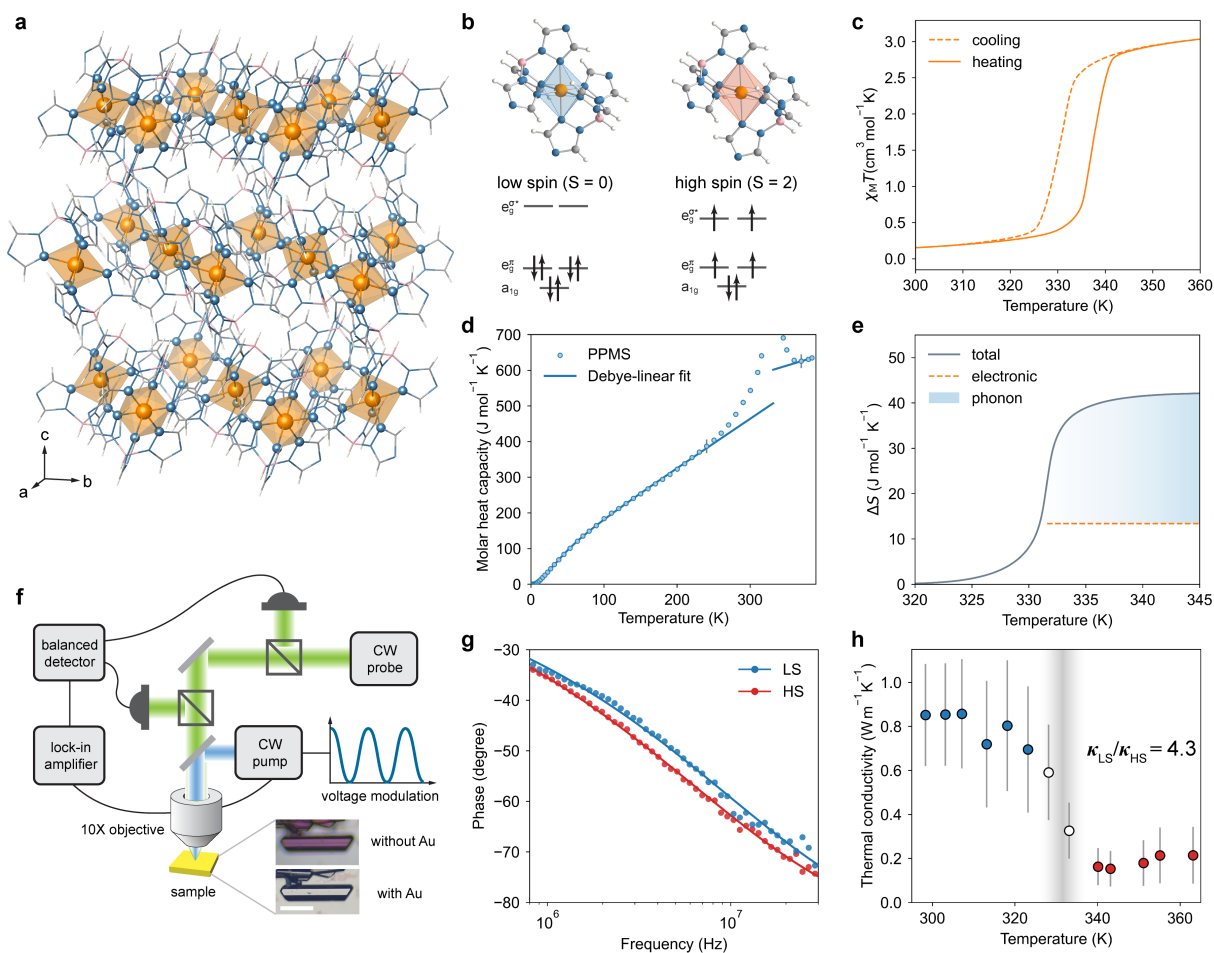


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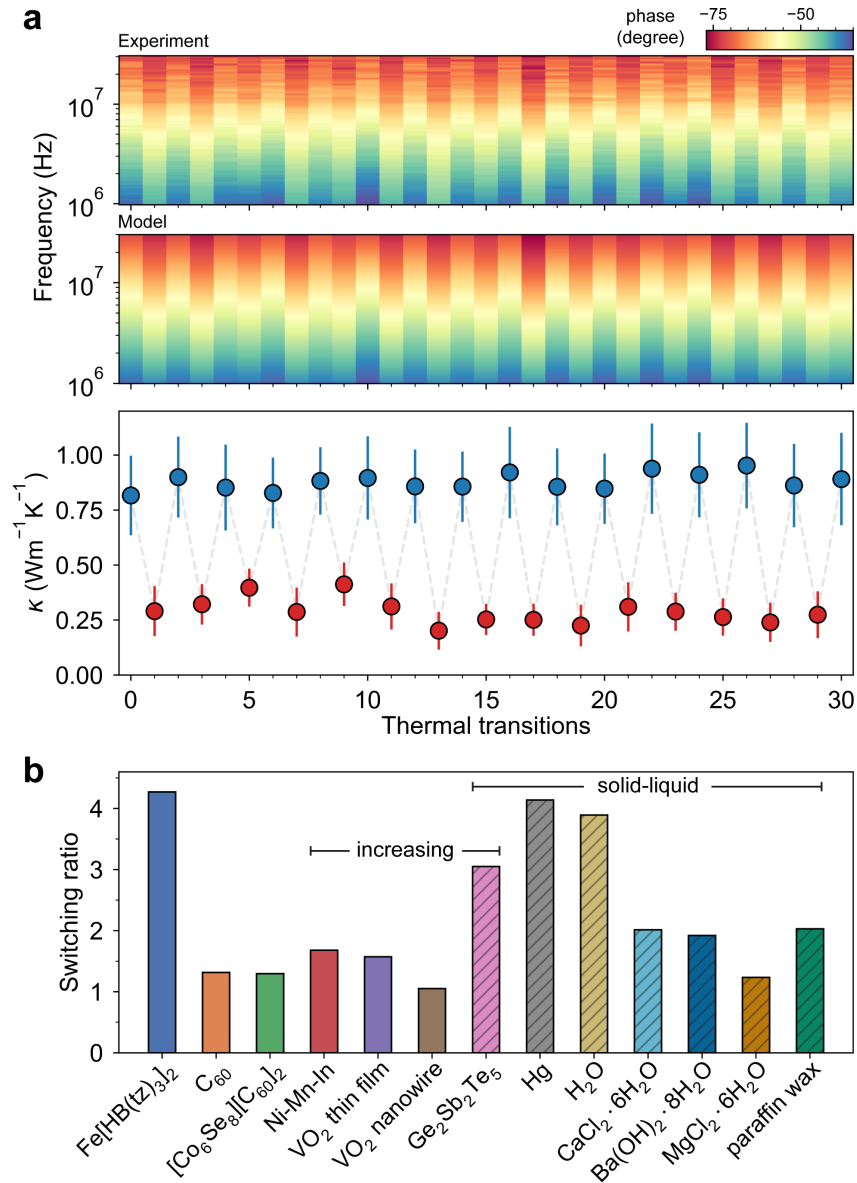
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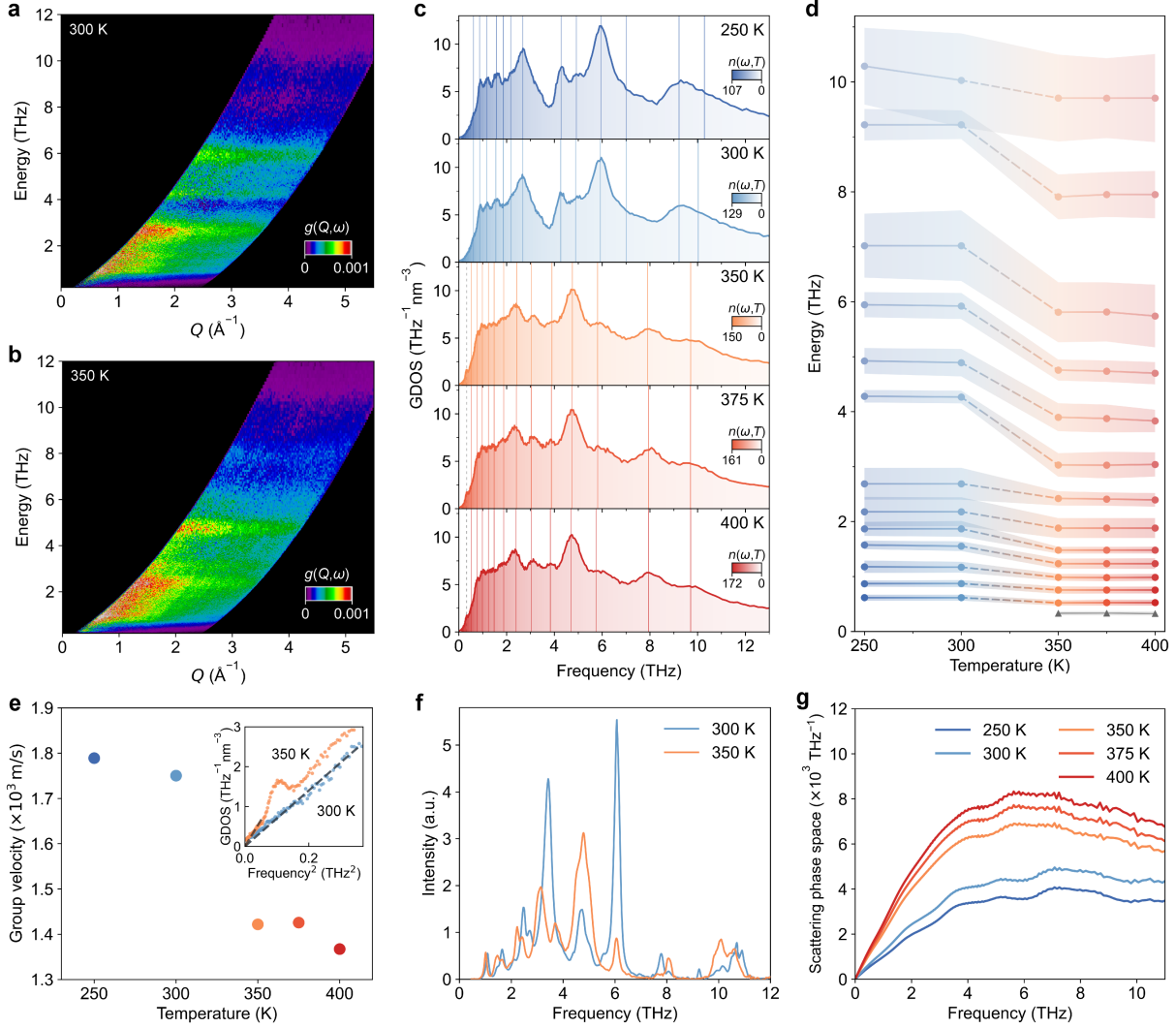
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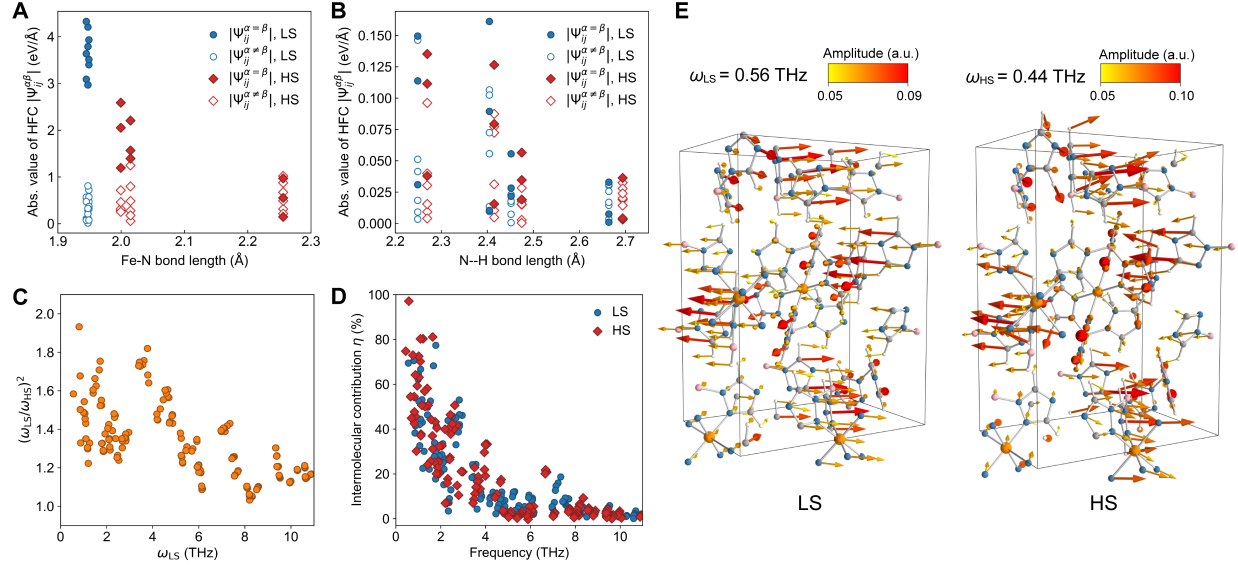
**Fig. 1 | Thermal conductivity changes across a spin-crossover phase transition.** **a**, Crystal structure of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  in the LS phase to illustrate the weak, non-covalent interactions between molecular complexes in the solid state. Orange and blue spheres represent Fe and N atoms, respectively. Grey, blue, white, and pink rods represent C, N, H, and B atoms, respectively. **b**, The atomic structure and valence electronic structure of the LS and HS phases of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$ . Grey, blue, white, pink, and orange spheres represent C, N, H, B, and Fe atoms, respectively. **c**, Temperature dependence of the product of magnetic susceptibility and temperature ( $\chi_M T$ ) for  $\text{Fe}[\text{HB}(\text{tz})_3]_2$ , highlighting the low hysteresis associated with its spin-crossover transition. **d**, Experimental heat capacity of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  as measured by a PPMS (blue circles) and a fit (blue line) that combines a Debye model with a linear function of temperature. Temperatures near the phase transition—as indicated by the region marked with vertical lines—are excluded from the model fitting. **e**, The phonon (vibrational) entropy change (shaded region) represents  $\sim 71\%$  of the total entropy change (gray line) associated with the SCO transition of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$ , with the balance being due to a change in electronic entropy (orange dashed line). **f**, A schematic of the frequency-domain thermoreflectance (FDTR) instrument used to measure the thermal conductivity of single crystals of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  as a function of temperature. The insets show optical microscope images of a  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  single crystal in the LS phase with and without the gold transducer layer. Scale bar,  $100\ \mu\text{m}$ . **g**, The phase lag of the thermoreflectance signal from FDTR measurements (dots) and best fits from a Fourier heat conduction model (lines) are shown for the LS (318 K) and HS (343 K) phase of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$ . **h**, The temperature dependence of thermal conductivity for  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  determined from FDTR measurements for a single crystal of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  in the LS (blue circles) and HS (red circles) phase. The shaded region represents a temperature window of 10 K centered around  $T_{\text{tr}} = 331\ \text{K}$  where the two spin phases can coexist. Error bars represent the uncertainty in the best fit, evaluated using Monte Carlo simulations.



**Fig. 2 | Reversible thermal conductivity switching in Fe[HB(tz)<sub>3</sub>]<sub>2</sub>.** **a**, The phase lag of the thermoreflectance signal from FDTR measurements (top) and best fits from a Fourier heat conduction model (middle) are represented by colormaps for 30 thermal transitions between 303 K and 343 K. The thermal conductivity determined at 303 K (blue) and 343 K (red) within each cycle (bottom). **b**, The thermal conductivity switching ratios of representative solid-solid and solid-liquid phase-change materials are compared. All materials exhibit decreased thermal conductivity in their high-temperature phases, with the exception of the 4 materials indicated as "increasing".



**Fig. 3 | Phonon softening observed in inelastic neutron scattering and Raman scattering.** **a,b**, The normalized inelastic neutron scattering function  $g(Q, \omega)$  at a given momentum transfer and energy for the LS (**a**) and HS (**b**) phases of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$ . **c**, The generalized phonon density of states,  $\text{GDOS}(\omega)$ , for the LS phase at 250 K and 300 K and for the HS phase at 350 K, 375 K and 400 K. The solid lines correspond to optical phonon peaks from pseudo-Voigt fits, while the dashed lines in HS phases represent zero-field splitting-related excitations. The color gradient represents the Bose-Einstein distribution function  $n(\omega, T)$  (the phonon occupation number), ranging from 0 to  $n(0.2 \text{ meV}, T)$ , with darker colors indicating higher occupation numbers. **d**, The peak positions of all optical phonon bands from pseudo-Voigt fits as a function of temperature. The shaded area represents the full width at half-maximum of each peak. Note that the narrow, lowest-energy peak emerging in the HS phase (dark gray) is due to the presence of unpaired electrons. **e**, Temperature-dependent phonon group velocity. The inset illustrates that the low-frequency GDOS scales with  $\omega^2$  and the scaling factor (inversely related to phonon group velocity) changes significantly when the spin state changes. **f**, Ultra-low-frequency Stokes Raman scattering intensity for the LS and HS phases. The Raman scattering intensity is normalized by the factor  $\frac{n(\omega, T)+1}{\omega}$ . **g**, The three-phonon scattering phase space—a measure of the number of possible energy-conserving phonon scattering events—as a function of frequency at different temperatures.



**Fig. 4 | Contributions of intra- and intermolecular interactions to thermal transport.** **a,b**, The intramolecular harmonic force constants of Fe–N bonds (**a**) and the intermolecular harmonic force constants of N–H hydrogen bonds (**b**). The filled and unfilled markers correspond to the harmonic force constants where atom  $i$  and atom  $j$  move along the same ( $\alpha = \beta$ ) and different ( $\alpha \neq \beta$ ) Cartesian axes, respectively. **c**, The ratio of the optical phonon frequencies in the LS and HS phases. **d**, The contribution of intermolecular vibrations to phonons in the LS and HS phases. **e**, The phonon polarization vectors in the unit cell of  $\text{Fe}[\text{HB}(\text{tz})_3]_2$  for the lowest-energy optical phonon mode with  $\omega_{\text{LS}} = 0.56$  THz in the LS phase and  $\omega_{\text{HS}} = 0.44$  THz in the HS phase. The color and length of the arrows reflect the amplitude of the polarization vector.



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## **Author contributions**

J.A.M. and J.Se. developed the initial idea for this research, and J.A.M. supervised the project. Q.S. and J.Sh. conducted the FDTR measurements and performed the analysis. V.M.D. and J.D.B. grew the single crystals and conducted the SQUID measurements. Q.S., R.U., C.T. and R.D.M. contributed to sample preparation. Q.S. performed the phonon calculations and theoretical analysis and G.C. contributed to this analysis. H.K.K. performed the DFTB and DFT calculations. R.U., C.S. and D.Y. conducted the neutron scattering experiments. Q.S., R.U. and V.M.D. conducted the Raman scattering measurements. R.U. conducted the nanoindentation measurement. R.D.M. and R.U. performed DSC measurements. J.J.C., R.U., and R.D.M. conducted heat capacity measurements. Q.S, Y.M. and R.U. developed the alloy transducer. Q.S., J.Se., and J.A.M. wrote the manuscript. All authors contributed to data analysis and editing the manuscript.

## **Competing interests**

J.A.M, J.Se., R.D.M., J.D.B. and R.U. are inventors on a patent application related to this work held and submitted by Harvard University.